

# MOTHER SETON

THE FUTURE IS HERS

## Saturday Enrichment Program

Saturdays: March 3rd, 10th and 24th

Session I: 9:00 am - 10:30am      Session II: 10:30- 12:00 noon

Designed for girls in 6th, 7th & 8th grade



### LAB SCIENCE

There is more to science than formulas and the definitions.

Each week you perform an experiment in our labs and learn through hands on experience.

Session II

Course size limited to 16



### COOKING

Spend your Saturday mornings in the kitchen exploring the art of cooking. Students will prepare three nutritious and delicious recipes, as they learn how to read a recipe and get comfortable working in the kitchen.

Sessions I and II

### SEWING

Students will enjoy the basics of sewing and the proper use of the sewing machines. You will love your final product - it's something you can wear! No prior sewing experience necessary.

Sessions I and II

Course size limited to 14



### DRILL TEAM DANCE DEMO



Have you seen our dance team perform to today's popular music? Now you can be part of the fun! Each Saturday, members of the MSR Drill Team will teach a routine to a different one of the songs they have performed this year. Maybe one day, you will be part of this fantastic dance team!

Session II

### VOLLEYBALL

Volleyball is one of the most popular sports at MSR and we want to help you love the game! We focus on honing your skills and learning offensive and defensive basics. Anyone from beginner to advanced players are welcome. It's a great chance to work with our team's Varsity coaches!



Sessions I and II

### ITALIAN IS INTERESTING

Learn basic Italian conversation and sentence structure in a fun way. We also explore the Italian culture through video clips, craft projects, and games.



Session I

### MULTIMEDIA ART

Drawing, Painting & Ceramics — Discover your creative ability as you improve artistic skills and explore new techniques—all while having fun!



Sessions I and II

### LITERATURE ALIVE!

Let's read and study different genres such as Fantasy, Science Fiction and Drama. We will then creative writing of stories and poems. Have fun with literature while you improve your skills.



Sessions I

Course size limited to 12

### MUSICAL THEATRE

Students will look at recent performances of Broadway productions to analyze the acting scenes and songs. Students will be guided in the style of a Masterclass learning ways to act through songs. In the final class a set of three actors will offer feedback on students' performances.



Sessions I and II

Course size limited to 12

# MOTHER SETON REGIONAL HIGH SCHOOL REGISTRATION FORM FOR SATURDAY ENRICHMENT PROGRAM

Please Print Information:

STUDENT NAME \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City

State

Zip Code

Phone # \_\_\_\_\_

Parent's Cell Phone # \_\_\_\_\_

Home Phone # \_\_\_\_\_

Parent's Email Address \_\_\_\_\_

Student's Email Address \_\_\_\_\_

You will be contacted by Email to confirm your acceptance into the Saturday Enrichment Program.

School where student is currently enrolled \_\_\_\_\_ Town \_\_\_\_\_

Registration choices will be given on a first come basis. Please indicate your course selections:

Saturday, March 3rd, 10<sup>th</sup>, & 24<sup>th</sup> Session I: \_\_\_\_\_ Session II: \_\_\_\_\_

## PERMISSION SLIP FOR PARTICIPATION

1. Parent and student acknowledge and are aware that even with proper supervision, use of protective equipment and strict observance of rules, there are risks inherent in participation in the Saturday Enrichment Program. Parent and student hereby release, hold harmless, indemnify and discharge Mother Seton Regional High School, its employees, agents and volunteers from all liability for damages, loss or injury to persons or property arising out of or in connection with student's participation in the above described activity that may be filed by, on behalf of, or for the above named student.
2. For purposes of this agreement, liability means all claims, demands, losses, causes of action, suits or judgments of any and every kind that arises from student's participation in the Saturday Enrichment Program.
3. Parent and student further expressly agree that the foregoing release and waiver provisions are intended to be as broad and inclusive as is permitted by the law and that if any portion of it is held void, voidable, or unenforceable, the remaining portions shall remain in full force and effect.
4. The undersigned has read and voluntarily signs this release and waiver of liability and further agree that no oral representations, statements or inducements, apart from this agreement, have been made.

I hereby request that my daughter \_\_\_\_\_ participate in the above Saturday Enrichment Program Program/s.

\_\_\_\_\_  
Signature of Parent/Guardian Date: \_\_\_\_\_

## COST TO PARTICIPATE

Payment: \_\_\_\_\_ \$40 for one session \_\_\_\_\_ \$60 for two sessions

Please return Registration Form & Medical Consent Form with check payable to: Mother Seton Regional High School

Mail to: Mother Seton Regional High School  
Attn: Mrs. Giron, Re: Enrichment Programs  
One Valley Road  
Clark, NJ 07066

# MOTHER SETON REGIONAL HIGH SCHOOL MEDICAL CONSENT FOR SATURDAY ENRICHMENT PROGRAM

My daughter, \_\_\_\_\_ is in good health, and I assume all responsibility for the health of my child.  
Daughter's Name

Of the following statements pertaining to medical matters, sign only those in accordance with your wishes:

\_\_\_\_\_ Emergency Medical Treatment: *In the event of an emergency, I hereby give permission to transport my child to a hospital for emergency medical or surgical treatment.*

\_\_\_\_\_ I wish to be advised prior to any further treatment by the hospital or doctor.

In the event of an emergency and you are unable to reach me, contact:

Name & Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

## Medications

My child will bring all such medications, well labeled, that are necessary. Names of medications and concise directions for seeing that the child takes such medications, including dosage and frequency are as follows:  
My child is taking the following medication at the present time or circle "DOES NOT APPLY"

Medication(s): \_\_\_\_\_ Dosage: \_\_\_\_\_

Administer: \_\_\_\_\_

## Medical Conditions Information: *(The following information will be held in confidence.)*

My daughter has: \_\_\_\_\_

My daughter has had an episode with the following or has been diagnosed with: Seizures/Asthma/Diabetes

Allergic reactions to the following (foods, dyes, latex etc.) \_\_\_\_\_

Has had a medical surgery within the last six months? Yes / No Under doctor's care? Yes / No

Has a medically prescribed diet? \_\_\_\_\_ Cardiac condition? Yes / No

**The following physical limitations?** \_\_\_\_\_

Immunizations current and up to date: Yes No

You should also be aware of these special medical conditions of my child: \_\_\_\_\_

## Insurance Information:

\_\_\_\_\_ Insurance Carrier: \_\_\_\_\_ Name of Insured: \_\_\_\_\_

\_\_\_\_\_ Insurance Policy Number: \_\_\_\_\_

\_\_\_\_\_ No, I do not carry medical insurance at this time.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Parent's Cell Phone# \_\_\_\_\_ Parent's Work# \_\_\_\_\_

Emergency Contact Name & Phone# \_\_\_\_\_